



Heidrun Post

September 27, 2008

Myrtle Beach..... Heidrun "Heidi" Post, 59, who retired here from Fair Haven, NJ, passed away peacefully in her sleep Saturday morning, surrounded by her loving family. Heidi was born and raised in Germany, where she met her husband, Richard Post, who was stationed in the U.S. Air-Force. She returned to America with him in 1969, where they raised a family of three children and joined eventually by Heidi's mother, Liselotte Kostial. Heidi focused on homemaking and parenting while the children were young and Richard worked as a police officer. She subsequently worked in retail, including part-time for the Coringware store at Tanger Outlets here. They frequently returned to Germany to visit relatives and vacation. When Richard retired as captain of the Fair Haven Police, the couple moved in 2000 to Myrtle Beach to play golf and host very frequent visit from their fun-seeking children, grandchildren and friends. Her many relatives and friends are saddened that she will no longer be with them in person to spark and inspire their enjoyment of life, but take comfort in having her spirit with them always. Heidi is survived by her husband of 40 years, Richard, her children: Sabine Jarvis of Tinton Falls, N.J., Michael Kostial of Somerville, N.J., and Richard Post, Jr. of Myrtle Beach and by grandchildren: Rhiannon, Cheyenne and Alexis Jarvis, and Taylor, Madison and Connor Post. Also she is survived by Horst and Helga Kostial, her uncle she grew up with in Germany and his wife. Memorial services for Heidi will be held 1:00 PM Monday, September 29, 2008 at Goldfinch Funeral Home, Beach Chapel. In Lieu of Flowers, donations may be made to the American

Cancer Society, 950 48th. Ave., North, Ste. 101, Myrtle Beach, SC 29577.
Sign a guest book at www.goldfinchfuneralhome.com.

Tribute Wall



“ *Rich...very sorry to hear about your loss of Heidi. Trust you and the family are doing as well as can be expected at this time.*
Ruggs###imported-begin###Bob Ruggles###imported-end##

September 29, 2008 at 12:00 AM



“ *Rich, Kathy and I were very sorry to hear about Heidi. Our thoughts and prayers are with you and your family.###imported-begin###Paul McCue###imported-end##*

September 29, 2008 at 12:00 AM



“ *NULL###imported-begin###Jeremy Cormack###imported-end##*

September 29, 2008 at 12:00 AM



“ *Rich, My prayers and thoughts are with you and your family during these trying times.###imported-begin###Joe McHatton###imported-end##*

September 29, 2008 at 12:00 AM



“ *May fond Memories be of comfort to the members of the family at this time###imported-begin###Jim &MaryHelen Abbott###imported-end##*

September 28, 2008 at 12:00 AM