



Tracy Benden

March 10, 1962 - February 4, 2013

Smyrna, GA...Tracy Lynn Johnston Benden, 50, of Berryhill Circle, died Monday, February 4, 2013.

Mrs. Benden was born in Norfolk, VA, a daughter of William and Carolyn Conwell Johnston.

Surviving in addition to her parents of Myrtle Beach are her husband, Howard Benden of Smyrna, GA; one daughter, Ella Benden; one sister, Laura Martin (Steven) of Tampa, FL; and two nieces, Jennifer and Cyndi Martin of Tampa, FL.

A gathering of family and friends will be held 6-8 PM Friday at the funeral home.

Memorials may be sent to St. Thomas the Apostle Catholic Church, Build the Dream Fund, 4300 King Springs Rd SE, Smyrna, GA 30082.

Sign a guestbook at www.goldfinchfuneralhome.com

Goldfinch Funeral Home, Conway Chapel is in charge of arrangements.

Tribute Wall



“ *I'm so sad to hear of Tracy's passing. We were great friends at IBM in Bethesda, Maryland. I lost touch with her and tried to locate her on Facebook. I heard the news yesterday from a friend at IBM.*

Cindy Ganis Hoppe

Cindy Hoppe - February 08, 2013 at 12:51 PM



“ *Sacred Cross Bouquet was purchased for the family of Tracy Benden.*



February 08, 2013 at 09:41 AM

BB

“ I went to high school with Tracy and we became closer in college. When she transferred to Tech she moved into my house and we were roommates her last two years. One could not ask for a better roommate or friend. I have never known anyone with such a presence, who just took over a room just by entering it. I remember a conversation with her mom ... Carolyn said "she has no idea she fills any room she enters." That was part of the beauty of Tracy. She had no idea. Funny, kind and inclusive was just ... her. My mother visited us at Tech one weekend and saw us teasing Tracy and commented "Tracy is such a good sport. Every one should have a Tracy." While that commented amused Tracy to no end, it was years before I realized what a truism it really was. Everybody should be so lucky to have a Tracy in their life. I am just so thankful she was in mine.

*Bev Baird
Falls Church VA*

Beverly Baird - February 08, 2013 at 09:20 AM

ML

“ Dear Bill and Carolyn

I only had the chance to meet Tracy and talk to her a couple of times. It's true what they say, that the apple dosen't fall far from the tree. She was a sweetheart, and her sense of humor was passed down from you Carolyn. After going through the same tragedy seven years ago, we know the pain and heartache the whole family is going through. Our thought's and prayer's are with you, and we are so sorry for your loss.

*Mike and Patti LaVerne
Myrtle Beach National*

mike laverne - February 08, 2013 at 07:47 AM

MB

“ I extend my heartfelt sympathy to the Benden family. May those precious memories of your dear loved one Tracy be foremost in your hearts and minds along with this wonderful promise that Jesus made at John 5:28,29. Again, my sincere condolences.

MB - February 08, 2013 at 07:08 AM

SL

“ I am blessed to have been a part of Tracy's life and honored to be able to call her my friend. She was the most loving, caring and giving woman who loved her family, her friends, her life, and God. She touched my life and my heart in such a special way, and I am going to miss her so much. I am very grateful that I was able to spend time with her and Ella this past October in Georgia and I will treasure every moment we were ever able to spend together. I loved visiting with her, Ella and Howard whenever the opportunity arose. My heart goes out to Howard (the love of her life) and Ella (her miracle baby), and all of her family (who meant the world to her). I will miss you every day of my life, Tracy. I love you.



Suzie Lucanic - February 08, 2013 at 01:02 AM

HG

Carolyn and Bill, we were stunned when we heard about Tracy. We can only imagine how painful this has been for you. We have not seen Tracy since 1977 but we remember the fun times she, Jennifer and friends had together at church, camping, etc. She was a cute teenager. Our hearts go out to you, Laura, Howard and her little daughter, Ella. We pray your faith will sustain you at this time of tragic loss. Keeping you in our prayers.

*Sincerely,
Hal and Ann Goodman*

Hal and Ann Goodman - February 16, 2013 at 01:19 PM

TE

“*I had the pleasure of meeting Tracy & Howard when they would come home to visit my dear friend Linda (Howard's sister) in Beaver Falls, Pa. . Tracy was a special and caring lady who was always smiling. I could see how she adored her family...especially little Ella. She will be missed. Praying God's love will comfort Howard, Ella & all her family in this difficult time.*

Teresa Wright & family

Teresa - February 07, 2013 at 11:33 PM

LI

“ We were so blessed to meet Tracey and Howard, (a few years later, Ella), through the RCIA program at St. Robert Church in San Bruno, CA about 7 1/2 years ago. We all had such a great time and connection together while taking a beautiful journey in our lives. Although we are just devastated to hear of Tracey's passing, we were so fortunate to spend the time we did have with her, Howard and Ella.

We are holding you all close to our hearts and will continue to pray for you now and through your time of healing.

With Love,

The Boyd Family



Linda - February 07, 2013 at 12:22 PM

CD

“ There are no words to express my deep sorrow for the loss of Tracy. She was/is one of my dearest friends and I will miss her terribly. She traveled with me to pick up my two boys (Grant and Will) from the orphanage in Albania 13 years ago. She was my rock on that trip and she helped me hold it together during a very emotional challenging time. Then 6 years later she traveled with me to Guatemala to help me evaluate the daughter we were "thinking" about adding to our family. Alyce will turn 12 years old next week. Again Tracy was the glue that helped me see that Alyce was the perfect addition to our family. Her love and devotion to her friends and family will always be one of her greatest strengths. Rest in Peace my dear friend and know that we all love you very much.

Cyndi Daron - February 07, 2013 at 09:56 AM



“ I grew up in the same neighborhood, and fellow GCM '80 Graduate, Tracy had a wonderful smile, was friends with everyone.....My thoughts and prayers are with her family.

Jack Anderson

Jack Anderson - February 07, 2013 at 09:51 AM



“ To the Benden Family:

In your sorrow, may there be peace....In your thoughts, may there be love....In your hearts, may there be healing. Psalm 147:3 promises: “He is healing the brokenhearted ones, and is binding up their painful spots.”

My condolences.

S.J. BROWN - February 07, 2013 at 08:37 AM



“ 1 file added to the tribute wall



Laura - February 07, 2013 at 07:44 AM

LI

“ Please accept my sincere sympathy on the recent loss of your dear loved one. You are all in my thoughts and prayers. May the God of comfort be with you in this time of sorrow. May these words bring you hope, "And he will wipe out every tear from their eyes and death will be no more, neither will mourning, nor outcry, nor pain be anymore. The former things have passed away." (Revelation 21:4) This promise will be fulfilled one day, until then, may all your memories sustain you in the days to come.

Lisa - February 07, 2013 at 07:36 AM

MM

“ We send our greatest sympathy to Howard and Ella. Our prayers are with you.

*The Mancini Family
Glastonbury, CT*

Mark Mancini - February 06, 2013 at 04:47 PM

JF

“ How tragic, and she was so excited to be going to Switzerland. Al and I send our very sincere sympathy to her husband and family.
*Joyce and Al Faircloth
Buford, GA*

Joyce and Al Faircloth - February 06, 2013 at 03:41 PM



“ Sweet Tenderness was purchased for the family of Tracy Benden.



February 06, 2013 at 03:17 PM